

ERIN K. RUPPEL

Associate Professor
Department of Communication
University of Wisconsin-Milwaukee

2522 E Hartford Ave
Milwaukee, WI 53201
(414) 229-5539
ruppele@uwm.edu

EDUCATION

2011 Ph.D. in Communication, University of Arizona
2007 M.A. in Communication, University of Arizona
2003 B.A. in Communication, University of the Pacific

ACADEMIC POSITIONS

University of Wisconsin-Milwaukee, Department of Communication
2018-present Associate Professor
2013-18 Assistant Professor
SUNY Brockport, Department of Communication
2011-12 Assistant Professor
University of Arizona, Department of Communication
2008-11 Graduate Research Associate
2007-09 Internship Coordinator
2005-11 Graduate Teaching Assistant/Associate

AWARDS

2022 Top Paper, Human Communication and Technology Division, National Communication Association
2021 Top 4 Paper, Communication and Technology Interest Group, Central States Communication Association
2016 Top 3 Paper in family communication, Interpersonal and Small Group Communication Interest Group, Central States Communication Association
2013 Dennis Gouran Research Award, Group Communication Division of the National Communication Association
2011 Top 4 Student Paper, Human Communication and Technology Division of the National Communication Association
2010 Department of Communication Dissertation Award, University of Arizona
2009 Top Paper, Small Group Division of the National Communication Association
2009 John Fife Graduate Award, University of Arizona
2008 Margaret Hickey Scholarship, University of Arizona
2007 Top Debut Paper, Interpersonal Communication Division, Western States Communication Association

RESEARCH

*Co-author was a student at the time of the project.

PEER-REVIEWED PUBLICATIONS

34. *Coker, M. C., Quinn, S. F., *O'Neill, G., & **Ruppel, E. K.** (2023). "it allows me to be 'me'": Self-presentation, authenticity, and affordances among LGBTQ+ social media users. *Human Communication and Technology*, 3(2).
<https://doi.org/10.17161/hct.v3i2.18641>
33. High, A. C., **Ruppel, E. K.**, McEwan, B., & Caughlin, J. P. (2023). Computer-mediated communication and well-being in the age of social media: A systematic review. *Journal of Social and Personal Relationships*, 40(2), 420-458.
<https://doi.org/10.1177/02654075221106449>
32. **Ruppel, E. K.**, *Cherney, M. R., *Quinn, S. F., & *Richards, R. J. (2021). Effects of mediated communication on conflict behavior, resolution, and affect in romantic couples. *Journal of Social and Personal Relationships*, 38(12), 3633–3645.
<https://doi.org/10.1177/02654075211040806>
31. Arroyo, A., Curran, T., & **Ruppel, E. K.** (2021). Direct and indirect associations among social skills, social support, and psychosocial outcomes over time: Replicating and extending models of social skills deficits. *Journal of Social and Personal Relationships*, 39(3), 505-525. <https://doi.org/10.1177/02654075211036741>
30. *Priddis, D., **Ruppel, E. K.**, & Burrell, N. (2021). A dyadic analysis of grandparent and adult grandchildren solidarity and topic avoidance. *Communication Studies*, 72(2), 146-162. <https://doi.org/10.1080/10510974.2021.1876126>
29. *Kahlow, J., *Klecka, H., & **Ruppel, E. K.** (2020). What the differences in conflict between online and face-to-face work groups mean for hybrid groups: A state-of-the-art review. *Review of Communication Research*, 8, 51-77. <https://doi.org/10.12840/ISSN.2255-4165.023>
28. *Blight, M. G., **Ruppel, E. K.**, & *Jagiello, K. (2019). "Using Facebook lets me know what he is doing": Relational uncertainty, breakups, and renewals in on-again/off-again relationships. *Southern Communication Journal*.
<https://doi.org/10.1080/1041794X.2019.1641836>
27. *Quinn, S. F., *Jagiello, K., & **Ruppel, E. K.** (2018). Attack of the green-eyed monster: A review of jealousy and envy in small groups. *Annals of the International Communication Association*, 42, 316-330. <https://doi.org/10.1080/23808985.2018.1534550>
26. **Ruppel, E. K.**, Burke, T. J., *Cherney, M. R., & *Dinsmore, D. (2018). Social compensation and enhancement processes via mediated communication in the transition to college. *Human Communication Research*, 44, 58-79. <https://doi.org/10.1093/hcr/hqx003>
25. **Ruppel, E. K.** (2018). Preference for and perceived competence of communication technology affordances in face-threatening scenarios. *Communication Reports*, 31, 53-64.
<http://doi.org/10.1080/08934215.2017.1370722>
24. **Ruppel, E. K.**, Burke, T. J., & *Cherney, M. R. (2018). Channel complementarity and multiplexity in long-distance friends' patterns of communication technology use. *New Media & Society*, 20(4), 1564-1579. <http://doi.org/10.1177/1461444817699995>

23. *Blight, M. B., **Ruppel, E. K.**, & *Schoenbauer, K. V. (2017). Sense of community on Twitter and Instagram: Exploring the roles of motives and parasocial relationships. *Cyberpsychology, Behavior, & Social Networking*, 20, 314-319.
<http://doi.org/10.1089/cyber.2016.0505>
22. Farrell, M. H., Sprenger, C., *Sullivan, S. L., *Trisler, B. A., Kram, J. J., & **Ruppel, E. K.** (2017). Benefit of report card feedback after point-of-care assessment of communication quality indicators. *Journal of Patient-Centered Research and Reviews*, 4, 7-17.
<http://doi.org/10.17294/2330-0698.1283>
21. **Ruppel, E. K.**, *Gross, C., *Stoll, A., *Peck, B., Allen, M., & Kim, S. (2017). Reflecting on connecting: Meta-analysis of differences between mediated and face-to-face self-disclosure. *Journal of Computer-Mediated Communication*, 22, 18-34.
<http://doi.org/10.1111/jcc4.12179>
20. Burke, T. J., **Ruppel, E. K.**, & *Dinsmore, D. (2016). Moving away and reaching out: Young adults' relational maintenance and psychosocial well-being during the transition to college. *Journal of Family Communication*, 16, 180-187.
<http://doi.org/10.1080/15267431.2016.1146724>
19. Rains, S. A. & **Ruppel, E. K.** (2016). Channel complementarity theory in the health information-seeking process: Further investigating the implications of source characteristic complementarity. *Communication Research*, 43, 232-252.
<http://doi.org/10.1177/0093650213510939>
18. **Ruppel, E. K.**, *Blight, M., *Cherney, M., & *Fylling, S. (2016). An exploratory investigation of communication technologies as a means to alleviate communicative difficulties and depression in older adults. *Journal of Aging and Health*, 28, 600-620.
<http://doi.org/10.1177/0898264315599942>
17. **Ruppel, E. K.** (2016). Scanning health information sources: Applying and extending the comprehensive model of information seeking. *Journal of Health Communication*.
<http://doi.org/10.1080/10810730.2015.1058438>
16. **Ruppel, E. K.** & McKinley, C. (2015). Social support and social anxiety in use and perceptions of online mental health resources: Exploring social compensation and enhancement. *Cyberpsychology, Behavior, & Social Networking*, 18, 462-467.
<http://doi.org/10.1089/cyber.2014.0652>
15. *Blight, M. B., *Jagiello, K., & **Ruppel, E. K.** (2015). "Same stuff different day:" A mixed-method study of support seeking on Facebook. *Computers in Human Behavior*, 53, 366-373. <http://doi.org/10.1016/j.chb.2015.07.209>
14. Burke, T. J. & **Ruppel, E. K.** (2015). Facebook self-presentational motives: Daily effects on social anxiety and interaction success. *Communication Studies*, 66, 204-217.
<http://doi.org/10.1080/10510974.2014.884014>
13. **Ruppel, E. K.** & Burke, T. J. (2015). Complementary channel use and the role of social competence. *Journal of Computer-Mediated Communication*, 20, 37-51.
<http://doi.org/10.1111/jcc4.12091>
12. **Ruppel, E. K.** (2015). The affordance utilization model: Communication technology use as relationships develop. *Marriage & Family Review*, 51, 669-686.
<http://doi.org/10.1080/01494929.2015.1061628>

11. **Ruppel, E. K.** (2015). Use of communication technologies in romantic relationships: Self-disclosure and the role of relationship development. *Journal of Social and Personal Relationships*, 35, 667-686. <http://doi.org/10.1177/0265407514541075>
10. McKinley, C. J. & **Ruppel, E. K.** (2014). Exploring how perceived threat and self-efficacy contribute to college students' use and perceptions of online mental health resources. *Computers in Human Behavior*, 34, 101-109. <http://doi.org/10.1016/j.chb.2014.01.038>
9. Saul, J. E., Bonito, J. A., Provan, K., **Ruppel, E. K.**, & Leischow, S. (2014). Implementation of tobacco cessation quitline practices in the U.S. and Canada. *American Journal of Public Health*, 104, 98-105. <http://doi.org/10.2105/AJPH.2014.302074>
8. Bonito, J. A., **Ruppel, E. K.**, Saul, J., & Leischow, S. (2013). Assessing the preconditions for communication influence on decision making: The North American Quitline Consortium. *Health Communication*, 28, 248-259. <http://doi.org/10.1080/10410236.2012.673245>
7. Leischow, S., Provan, K., Beagles, J. Bonito, J., **Ruppel, E. K.**, Moor, G., & Saul, J. (2012). Mapping tobacco quitlines in North America: Signaling pathways to improve treatment. *American Journal of Public Health*, 102, 2123-2128. <http://doi.org/10.2105/AJPH.2011.300529>
6. **Ruppel, E. K.**, & Curran, M. A. (2012). Relational sacrifices in romantic relationships: Satisfaction and the moderating role of attachment. *Journal of Social & Personal Relationships*, 29, 508-529. <http://doi.org/10.1177/0265407511431190>
5. **Ruppel, E. K.**, & Rains, S. A. (2012). Information sources and the health information-seeking process: An application and extension of channel complementarity theory. *Communication Monographs*, 79, 385-405. <http://doi.org/10.1080/03637751.2012.697627>
4. Bonito, J. A., **Ruppel, E. K.**, & Keyton, J. (2012). Reliability estimates for outcome variables in multilevel designs in group research. *Small Group Research*, 43, 443-467. <http://doi.org/10.1177/1046496412437614>
3. Bonito, J. A., & **Ruppel, E. K.** (2011). An application of the socio-egocentric model to information-sharing discussions: In search of group-level communication influences. *Communication Research*, 38, 356-375. <http://doi.org/10.1177/0093650210377195>
2. Bonito, J. A., **Ruppel, E. K.**, DeCamp, M. H., & Garreud de Mainvilliers, I. (2011). Evaluating participation in small groups: Stimulated recall, self-ratings, and their effects on task-relevant judgments. *Communication Methods and Measures*, 5, 28-47. <http://doi.org/10.1080/19312458.2010.527873>
1. Bonito, J. A., DeCamp, M. H., & **Ruppel, E. K.** (2008). The process of information sharing in small groups: Application of a local model. *Communication Monographs*, 75, 136-157. <http://doi.org/10.1080/03637750802082078>

INVITED PUBLICATIONS

9. Caughlin, J. P., **Ruppel, E. K.**, McEwan, B., & High, A. C. (forthcoming). Technology and personal relationships. Invited chapter in A. Vangelisti, D. Perlman, & S. Sprecher (Eds.), *Cambridge handbook of personal relationships* (3rd ed). Cambridge University Press.
8. **Ruppel, E. K.**, Burke, T. J., *Rorer, M., & *Corder, M. (2025). Maintaining friendships on social media. Invited chapter in K. Rossetto & J. Owlett (Eds.), *Social media & close relationships* (pp. 180–196). Cognella Academic Publishing.

7. **Ruppel, E. K.**, *Kahlow, J., & *Pu, Z. (2020). Information seeking. In J. Van den Bulck (Ed.), *International encyclopedia of media psychology*.
<https://doi.org/10.1002/9781119011071.iemp0264>
6. **Ruppel, E. K.** (2019). Putting (human) communication at the center of technology studies. *Human Communication and Technology*, 1(1), 9–12.
5. **Ruppel, E. K.** (2017). Covariate. In M. Allen (Ed.), *The SAGE encyclopedia of communication research methods*.
4. **Ruppel, E. K.** (2017). Hierarchical linear models. In M. Allen (Ed.), *The SAGE encyclopedia of communication research methods*.
3. **Ruppel, E. K.** (2017). New media and participant observation. In M. Allen (Ed.), *The SAGE encyclopedia of communication research methods*.
2. Davis, R., Saul, J., **Ruppel, E. K.**, Moor, G., & Leischow, S. (2014). *Knowledge Integration in Quitlines: Networks that Improve Cessation, Evidence for quitline practices—2014 update*. Oakland, CA: North American Quitline Consortium. Available at:
<http://c.ymcdn.com/sites/naquitline.site-ym.com/resource/resmgr/KIONIC/4302014KIONICEvidenceforPrac.pdf>
1. **Ruppel, E. K.**, Saul, J., Moor, G., & Leischow, S. (2011). *Knowledge Integration in Quitlines: Networks that Improve Cessation, Evidence for quitline practices*. Phoenix, AZ: North American Quitline Consortium.

CONFERENCE PRESENTATIONS

48. Youngvorst, L. J., & Ruppel, E. K. (2024, November). *Support gaps among friends amid emerging adulthood: Dyadic associations with initial and longitudinal relational quality*. Paper to be presented at the annual conference of the National Communication Association, New Orleans, LA.
47. Sahlstein Parcell, E., **Ruppel, E. K.**, *Kahlow, J., & *Willenborg, J. (2023, November). *Difficult post-deployment conversations for military couples: Initial findings using the theory of motivated information management*. Paper presented at the annual conference of the National Communication Association, National Harbor, MD.
46. Quinn, S. F., **Ruppel, E. K.**, *Rorer, M., & *Corder, M. (2023, April). *Where friendship meets family: How platonic life partners conceptualize and portray their relationships on TikTok*. Paper presented at the annual conference of the Central States Communication Association, St. Louis, MO.
45. High, A. C., **Ruppel, E. K.**, McEwan, B., & Caughlin, J. P. (2022, November). *Computer-mediated communication and well-being in the age of social media: A systematic review*. Paper presented at the annual conference of the National Communication Association, New Orleans, LA. (Top Paper, Human Communication and Technology Division)
44. *Boedecker, M., & Ruppel, E. K. (2022, November). *Applying the theory of resilience and relational load to maintenance, conflict, and satisfaction in trailing marriages*. Paper to be presented at the annual conference of the National Communication Association, New Orleans, LA.
43. Arroyo, A., Curran, T., & **Ruppel, E. K.** (2021, May). *Direct and indirect associations among social skills, social support, and psychosocial outcomes over time: Replicating*

- and extending models of social skills deficits.* Paper presented at the annual conference of the International Communication Association, virtual.
42. *O'Neill, G., *Coker, M. C., Quinn, S. F., & **Ruppel, E. K.** "*it allows me to be 'me'*": *Self-presentation, authenticity, and affordances among LGBTQ+ social media users.* (2021, March). Paper presented at the annual conference of the Central States Communication Association, virtual. (Top 4 Paper, Communication and Technology Interest Group)
 41. Sahlstein Parcell, E., **Ruppel, E. K.**, & *Kahlow, J. (2020, November). *Seeking information after deployment: A qualitative exploration and application of the theory of motivated information management to military spouses.* Paper presented at the annual conference of the National Communication Association (virtual).
 40. *Davis, B. L., & Ruppel, E. K. (2020, April). *Member outcomes in friendship groups: A literature synthesis.* Paper accepted to the annual conference of the Central States Communication Association (canceled due to COVID-19).
 39. Hall, J.A., Caplan, S. E., High, A. C., McArthur, J. A., McEwan, B. L., Ramirez, A., Rains, S., A., & **Ruppel, E. K.** (2019, November). *A new journal in human communication and technology: The time is now!* Panel presented at the annual conference of the National Communication Association, Baltimore, MD.
 38. *Richards, R., Spence, P., Woods, H. S., **Ruppel, E.**, Vining, J., & Hunter, K. (2019, April). *Where should I work?* Panel presented at the annual conference of the Central States Communication Association, Omaha, NE.
 37. *Quinn, S. F., & **Ruppel, E. K.** (2018, November). *Creating and validating a measure of expectancy violations between romantic couples on Facebook.* Paper presented at the annual conference of the National Communication Association, Salt Lake City, UT.
 36. **Ruppel, E. K.**, *Cherney, M. R., *Quinn, S. F., & *Richards, R. J. (2018, June). *Effects of mediated communication on conflict behavior, resolution, and affect in romantic couples.* Poster presented at the biennial conference of the International Association for Relationship Research, Fort Collins, CO.
 35. *Gross, C., & **Ruppel, E. K.** (2018, April). *The dangerous SIDE of social media: Manipulating bystander aggression and support to cyberbullying victims through an application of SIDE.* Paper presented at the annual conference of the Central States Communication Association, Milwaukee, WI.
 34. *Blight, M. B., & **Ruppel, E. K.** (2017, November). *Sense of community on Twitter and Instagram: Exploring the roles of motives and parasocial relationships.* Paper presented at the annual conference of the National Communication Association, Dallas, TX.
 33. Boyraz, M., Kang, K. K., Gibbs, J., **Ruppel, E. K.**, Poole, M. S., Hollingshead, A. B., & Yan, B. (2017, November). *The opportunities and challenges of communication technology for group communication scholarship.* Panel presented at the annual conference of the National Communication Association, Dallas, TX.
 32. **Ruppel, E. K.** (2016, November). *Preference for asynchronicity and reduced cues in face-threatening scenarios: Applying the affordance utilization model.* Poster presented at the annual conference of the National Communication Association, Philadelphia, PA.
 31. **Ruppel, E. K.**, *Fylling, S. Q., *Cherney, M. R., & *Alvarez, S. (2016, July). *"They call me": Older adults' use and perceptions of mediated communication in close relationships.* Poster presented at the biennial conference of the International Association for Relationship Research, Toronto, ON.

30. **Ruppel, E. K.**, Burke, T. J., *Cherney, M. R., & *Dinsmore, D. (2016, July). *Social competence and communication with parents in the transition to college*. Poster presented at the biennial conference of the International Association for Relationship Research, Toronto, ON.
29. Farrell, M. H., Sprenger, C., *Sullivan, S. L., *Trisler, B. A., Kram, J. J., & **Ruppel, E. K.** (2016, June). *Benefit of report card feedback after point-of-care assessment of communication quality indicators*. Paper presented at the Research and Teaching Forum, American Academy on Communication in Healthcare, New Haven, CT.
28. *Priddis, D., **Ruppel, E. K.**, & Burrell, N. (2016, April). *The grandparent and adult grandchild: A combination of solidarity and topic avoidance*. Paper presented at the annual conference of the Central States Communication Association, Grand Rapids, MI. (Top papers in family communication panel, Interpersonal and Small Group Communication Interest Group)
27. Burke, T. J., **Ruppel, E. K.**, & *Dinsmore, D. (2015, November). *Moving away and reaching out: Students' relational maintenance and psychosocial well-being during the transition to college*. Paper presented at the annual conference of the National Communication Association, Las Vegas, NV.
26. **Ruppel, E. K.**, Burke, T. J., & *Cherney, M. R. (2015, November). *Long-distance friends' patterns of communication technology use: Channel complementarity and multiplexity*. Paper presented at the annual conference of the National Communication Association, Las Vegas, NV.
25. **Ruppel, E. K.**, Kim, S., *Gross, C., *Stoll, A., *Peck, B., & Allen, M. (2015, November). *Reflecting on connecting: Meta-analysis of differences between mediated and face-to-face self-disclosure*. Paper presented at the annual conference of the National Communication Association, Las Vegas, NV.
24. **Ruppel, E. K.**, *Blight, M. B., *Cherney, M. R., & *Fylling, S. (2015, June). *An exploratory investigation of communication technologies as a means to alleviate communicative difficulties and depression in older adults*. Paper presented at the International Association for Relationship Research mini-conference, New Brunswick, NJ.
23. **Ruppel, E. K.** & McKinley, C. (2015, April). *Social support and social anxiety in use and perceptions of online mental health resources: Exploring social compensation and enhancement*. Paper presented at the annual conference of the Central States Communication Association, Madison, WI.
22. **Ruppel, E. K.** (2015, April). *The affordance utilization model: Communication technology use as relationships develop*. Paper presented at the annual conference of the Central States Communication Association, Madison, WI.
21. **Ruppel, E. K.** & Burke, T. J. (2014, November). *Complementary channel use and the role of social competence*. Poster presented at the annual conference of the National Communication Association, Chicago, IL.
20. McKinley, C. & **Ruppel, E. K.** (2014, May). *Exploring how personal health beliefs and social risks contribute to college students' use and perceptions of online mental health resources*. Paper presented at the annual conference of the International Communication Association, Seattle, WA.
19. Burke, T. J., **Ruppel, E. K.**, & Young, V. J. (2013, November). *Investigating self-presentational motives on Facebook: The role of social competence and social anxiety*.

- Paper presented at the annual conference of the National Communication Association, Washington, D.C.
18. Moor, G., **Ruppel, E. K.**, Saul, J., Leischow, S., & Davis, R. (2013, November). *Weighing the evidence: Classification of quitline practices by evidence for efficacy and reach*. Poster presented at the National Conference on Tobacco or Health, Ottawa, Ontario.
 17. Rains, S. A. & **Ruppel, E. K.** (2013, November). *Channel complementarity theory and the health information-seeking process: Further investigating the implications of source characteristic complementarity*. Poster presented at the annual conference of the National Communication Association, Washington, D.C.
 16. **Ruppel, E. K.** (2013, November). *Self-disclosure via communication technologies: The role of relationship development*. Paper presented at the annual conference of the National Communication Association, Washington, D.C.
 15. Moor, G., Leischow, S. J., Saul, J., **Ruppel, E. K.**, Beagles, J., & Provan, K. (2012, March). *Participatory methods providing information on evidence-based practices and where to find practical advice on how to implement them*. Paper presented at the NIH Dissemination & Implementation Conference, Washington, D.C.
 14. **Ruppel, E. K.** (2011, November). *Use and perceptions of text-based communication modes: Associations with self-disclosure in personal relationships*. Paper presented at the annual conference of the National Communication Association, New Orleans, LA. (Top student paper panel, Human Communication and Technology Panel)
 13. **Ruppel, E. K.**, & Curran, M. A. (2011, November). *Relational sacrifices in romantic relationships: Satisfaction and the moderating role of attachment*. Paper presented at the annual conference of the National Communication Association, New Orleans, LA.
 12. **Ruppel, E. K.** (2011, February). *Age-related differences in social network site use: An application of socioemotional selectivity theory*. Paper presented at the annual conference of the Western States Communication Association, Monterey, CA.
 11. **Ruppel, E. K.**, & Rains, S. A. (2010, November). *Process and outcomes of health information seeking: Application and extension of channel complementarity theory*. Paper presented at the annual conference of the National Communication Association, San Francisco, CA.
 10. **Ruppel, E. K.** (2009, November). *MySpace or OurSpace? The impact of partners' social networking sites on relational uncertainty, satisfaction, and trust*. Paper presented at the annual conference of the National Communication Association, Chicago, IL.
 9. **Ruppel, E. K.**, & Rains, S. A. (2009, November). *Strategic communication technology use in personal relationships: The role of relational uncertainty*. Paper presented at the annual conference of the National Communication Association, Chicago, IL.
 8. Bonito, J. A., **Ruppel, E. K.**, & DeCamp, M. H. (2009, November). *Information characteristics and small group discussion: No evidence of group-level effects on information sharing*. Paper presented at the annual conference of the National Communication Association, Chicago, IL. (Top Paper, Group Communication Division)
 7. Bonito, J. A., & **Ruppel, E. K.** (2009, July). *Development and assessment of measurement models for group discussion outcomes*. Paper presented at the annual conference of the Interdisciplinary Network for Group Research (INGROUP), Colorado Springs, CO.

6. **Ruppel, E. K.** (2009, May). *Online relational maintenance in mixed-mode relationships*. Paper presented at the annual conference of the International Communication Association, Chicago, IL.
5. **Ruppel, E. K., & Bonito, J. A.** (2008, November). *The effects of self-monitoring and acquaintance on online and face-to-face interactions: An examination of the social identity model of deindividuation*. Paper presented at the annual conference of the National Communication Association, San Diego, CA.
4. Bonito, J. A., DeCamp, M. H., **Ruppel, E. K., & Garreaud de Mainvilliers, I. M.** (2008, November). *Evaluating participation in small groups: Stimulated recall, task ratings, and their effects on task-relevant judgments*. Paper presented at the annual conference of the National Communication Association, San Diego, CA.
3. Bonito, J. A., DeCamp, M. H., & **Ruppel, E. K.** (2007, June). *Small group participation and information: Objective and subjective organizations of task data*. Paper presented at the annual conference of the International Communication Association, San Francisco, CA.
2. **Ruppel, E. K.** (2007, February). *Disclosure expectations in romantic relationships: A social exchange perspective*. Paper presented at the annual conference of the Western States Communication Association, Seattle, WA.
1. Bonito, J. A., DeCamp, M. H., Coffman, M., & **Ruppel, E. K.** (2006, November). *A longitudinal analysis of information processing and information sharing in small groups*. Paper presented at the annual conference of the National Communication Association, San Antonio, TX.

RESEARCH GRANTS

Funded

6. Advancing Research and Creativity, University of Wisconsin-Milwaukee. *Pathways to well-being: Theorizing social compensation and social enhancement*. 2024-2025. \$12,449 (PI).
5. Research and Creative Activities Support Awards, University of Wisconsin-Milwaukee. *Difficult conversations for military couples: An application of the theory of motivated information management*. 2019-2020. \$17,090 (Co-PI).
4. Support for Undergraduate Research Fellows, University of Wisconsin-Milwaukee. *Effects of communication technology use on marital conflict, arousal, and depressed mood*. 2018. 3 awards of \$1,440 each. (PI).
3. Research and Creative Activities Support Awards, University of Wisconsin-Milwaukee. *Effects of communication technology use on marital conflict, arousal, and depressed mood*. 2016-2017. \$14,883 (PI).
2. Support for Undergraduate Research Fellows, University of Wisconsin-Milwaukee. *Communication technology use in older adults' relationships and quality of life*. 2015-2016. 2 awards of \$1,920 each. (PI).
1. Aurora UW Medical Group Milwaukee Clinical Faculty Fund. *Rapid-throughput assessment and feedback of providers' communication quality at the point of care*. 2015-2016. \$44,000 (Co-Investigator).

Not Funded

5. Research Growth Initiative, University of Wisconsin-Milwaukee. *Difficult conversations for military couples: An application of the theory of motivated information management*. 2019-2020. \$58,763 (Co-PI).
4. Research and Creative Activities Support Awards, University of Wisconsin-Milwaukee. *Difficult conversations for military couples: An application of the theory of motivated information management*. 2018-2019. \$24,030 (Co-PI).
3. Research and Creative Activities Support Awards, University of Wisconsin-Milwaukee. *Communication technology use in older adults' relationships and quality of life*. 2015-2016. \$12,033 (PI).
2. Faculty Research and Creative Activities Support Awards, University of Wisconsin-Milwaukee. *Communication technologies as a means to alleviate communicative difficulties for older adults*. 2014-2015. \$11,567 (PI).
1. Research Growth Initiative, University of Wisconsin-Milwaukee. *Effects of communication technology use on marital conflict, arousal, and depressed mood*. 2015-2016. \$64,588 (PI).

TEACHING**UNIVERSITY OF WISCONSIN-MILWAUKEE****Undergraduate**

COMMUN101: Introduction to Interpersonal Communication

COMMUN 301: Interpersonal Communication Processes

COMMUN 313: Human Communication and Technology

COMMUN 323: Communication in Groups and Teams

Graduate

COMMUN 800: Proseminar: The Discipline of Communication

COMMUN 813: Seminar in Mediated Communication

COMMUN 814: Communication Technologies in Relationships

COMMUN 823: Seminar in Small Group Communication

COMMUN 860: Seminar on Issues in Communication: Virtual Communities

COMMUN 900: Philosophy and Practice of Communication

COMMUN 972: Advanced Methods in Communication Research: Survey Methodology

SUNY BROCKPORT**Undergraduate**

CMC 273: Interpersonal Communication

CMC 377: Organizational Communication

CMC 472: Group Leadership

Graduate

CMC 572: Group Leadership

CMC 601: Seminar in Quantitative Methods

CMC 690: Seminar in Communication Technologies

UNIVERSITY OF ARIZONA

Undergraduate

COMM 101: Introduction to the Study of Communication

COMM 113: Introduction to Small Group Communication

COMM 119: Introduction to Public Speaking

COMM 209: Introduction to Communication Technology

COMM 228: Introduction to Research Methods in Communication

COMM 311: Communication Technology Theory

COMM 312: Applied Organizational Communication

TEACHING GRANTS AND PROFESSIONAL DEVELOPMENT

Pioneer Collaborative Curricula Program, Northwestern Mutual Data Science Institute.

“*Speaking Data*” course sequence. 2024-2025. \$49,838 (PI).

Educators Institute participant, University of Wisconsin-Milwaukee. Spring 2024.

SERVICE

PROFESSIONAL

2021-2024 Associate Editor, Journal of Social and Personal Relationships

Editorial Boards

2024-present Communication Research

2024-present Personal Relationships

2020-present Journal of Communication

2019-present Human Communication and Technology

2017-2020 Journal of Social and Personal Relationships

2014-2017 Western Journal of Communication

2013-2015 Communication Studies (Associate Editorial Board)

Ad Hoc Journal Reviewer

Aging and Mental Health; Communication Methods and Measures; Communication Monographs; Communication Quarterly; Communication Reports; Communication Research; Communication Studies; Communication Theory; Computers in Human Behavior; Cyberpsychology, Behavior, & Social Networking; European Journal of Communication; Human Communication Research; Information, Communication, and Society; Journal of Aging and Health; Journal of Communication; Journal of Computer-Mediated Communication; Journal of Health Communication; Journal of Media Psychology; Journal of Social and Personal Relationships; Management Communication Quarterly; Media Psychology; New Media & Society; Personal Relationships; Southern Journal of Communication; Western Journal of Communication

Other Professional Service

- 2020-2021 Chair, Human Communication and Technology Division of the National Communication Association (Vice Chair and program planner 2019-2020, Vice Chair-Elect and Chair of Dissertation Award Committee 2018-2019)
- 2017-2019 Member, Book and Article Award Committee, National Communication Association, Human Communication and Technology Division
- 2016-2017 Chair, Service Nominating Committee, National Communication Association, Interpersonal Communication Division
- 2016 Netherlands Organization for Scientific Research, Innovational Research Incentives Scheme Veni
- 2014-2015 Member, Dissertation Award Committee, National Communication Association, Human Communication and Technology Division

UNIVERSITY**University-level Positions and Committees**

- 2021-24 Member, Graduate Program Review Committee (Committee Chair 2022-2024)
- 2021-23 Member, Graduate Faculty Committee (Vice-Chair 2021-2023)
- 2020-23 Member, Honorary Degrees Committee (Committee Chair 2022-2023)
- 2020-21 Member, Graduate Curriculum Committee
- 2017-18 Member, Helen Bader Age and Community Scholarship Committee
- 2015-16 Faculty Mentor, Support for Undergraduate Research Fellows
- 2015 Faculty Mentor, Ronald E. McNair Post-Baccalaureate Achievement Program

Departmental Positions and Committees*Department of Communication, University of Wisconsin-Milwaukee*

- 2017-present Member, Graduate Affairs Committee
- 2017-19, 2020-22, 2024-25 Graduate Director
- 2014-2024 Member, Technology Committee (Committee Chair 2015-2017)
- 2013-17 Member, Undergraduate Committee

Department of Communication, SUNY Brockport

- 2012 Advising Coordinator

Doctoral Advising

- In progress Matthew Rorer
- In progress Mackenzie Boedecker
- 2021 Riley Richards (Assistant Professor, Oregon Institute of Technology)
- 2021 Jessica Kahlow (Instructional Designer, University of Texas at Arlington)
- 2018 Samantha Quinn (Assistant Professor, SUNY Oswego)
- 2018 Maura Cherney (Assistant Professor, Northeastern Illinois University)
- *2018 Outstanding Dissertation Award, National Communication Association, Human Communication and Technology Division
- 2017 Thomas Bunton (Associate Vice Chancellor and Chief Information Officer, University of Arkansas at Little Rock)

2016 Michael Blight (Lead UX Researcher, CPC Marketing)

M.A. Advising

In progress Sarra Ben Slama
 2024 Kristina Logunova
 2023 Carrie Jones
 2022 Quincie Weber
 2020 Zhixin Pu
 2019 Hanna Klecka
 2012 Kelsey Johnson
 2012 Aimee Dawson
 2012 Jessica Berg

Doctoral Committees

In progress: Seyi Ambrose, Misornu Nartey, Christopher Anderson, Derrick Langston
 Completed: Jacki Willenborg (2024), Brandon Straight (2024), Benjamin Davis (2024), Emily Godager (2023), Michael Coker (2022), Angela Victor (2020), Brittanie Peck (2020), David Dwyer (Nursing, 2020), Jonathan Dellinger (2019), Kristy Jagiello (2019), Valerie Fisher (2018), Karina Willes (2018), Jessica Samens (2017), Richard Draeger (2017), Benjamin Baker (2017), Arrington Stoll (2017), Michelle Fetherston (2017), Laura Motel (2017), Clare Gross (2016), Kristine Nicolini (2016), Anne Zmyslinski-Seeling (2015), DeAnne Priddis (2015), Andrew Cole (2014)

M.A. Committees

In progress: Taylor Trost
 Completed: Julie Haley (2024), Joseph Bevington (2024, Freshwater Sciences), Safiya Musa (2024), Katy Gabryelczyk (2023), Onyinyechi Ogboso (2023), Angelyn Sommers (Rhetoric, Professional Writing, and Community Engagement, 2022), Sue Lim (2021), Nicholas Hemschemeyer (2020), Lindsay Kelpinski (2019), Jacki Willenborg (2019), Youngjee Ko (2019), Mary Dantzler (2018), Jenny Awah-Manga (2018), Bailey Benedict (2017), Lauren Johnsen (2016), Kelsea Kohler (2015), Kris Heindel (2015), Joseph Donelan (2014)

Course Directing

2023-2024	COMMUN 300: Interviewers and Interviewing
2022-2024	COMMUN 301: Interpersonal Communication Processes
2022-2024	COMMUN 101: Introduction to Interpersonal Communication
2017-18	COMMUN 323: Communication in Groups and Teams
2015	COMMUN 310: Communication in Organizations
2014-19, 2020-present	COMMUN 313: Human Communication and Technology

COMMUNITY

2020-present	Milwaukee Dog Training Club (501(c)(3) organization with approximately 250 members)
2024-present	President: Serve on Board of Directors; oversee committees, club operations, and strategic planning

2020-2024	Secretary: Serve on Board of Directors, maintain club records and minutes
2018-present	Milwaukee Habitat for Humanity
2022-present	ReStore Advisory Committee member: provide input on ReStore operations and strategic planning
2018-present	Volunteer: Data analysis related to volunteer needs, strategic planning, and homeowner experiences