

JESSICA A. KAHLOW, PHD

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EDUCATION

DOCTOR OF PHILOSOPHY, COMMUNICATION

University of Wisconsin–Milwaukee, Spring 2021

Advisor: Dr. Erin Ruppel

Areas of study: Interpersonal, Technology, Group, Organizational, Research Methods

Dissertation: “Improving Neurodiverse Relationships: Comparing Relational Quality and Maintenance Channels in Individuals with and without ADHD”

MASTER OF ARTS, PUBLIC ADMINISTRATION

University of Wisconsin Oshkosh, Fall 2016

Thesis: “Emotional Labor in Writing Centers: The Influence of Confidence and Experience”

BACHELOR OF SCIENCE, POLITICAL SCIENCE, EMPHASIS: LEGAL STUDIES

University of Wisconsin Oshkosh, Spring 2014

Honors Capstone: “Multilateral International Environmental Agreements on Biodiversity: Making Future Agreements Effective”

TEACHING EXPERIENCE

Note: in person¹, online asynchronous², online synchronous³

UNIVERSITY OF WISCONSIN–MILWAUKEE

FACULTY ASSOCIATE, COMMUNICATION DEPARTMENT

Communication 370: Quantitative Research Methods (F21²)

Communication 402: Gender and Communication (F21²)

Communication 410: Organizational Communication Technology (F21²)

GRADUATE TEACHING ASSISTANT (INSTRUCTOR OF RECORD), COMMUNICATION DEPARTMENT

Communication 313: Human Communication and Technology (F18², S19²)

Communication 105: Business and Professional Communication (F17¹, S18², Su18², Su19², F20², S21²)

AURORA UNIVERSITY

ADJUNCT FACULTY, DUNHAM SCHOOL OF BUSINESS AND PUBLIC POLICY

Communication 4020: Communication Research and Insights (F20³)

FELLOWSHIPS

DISTINGUISHED DISSERTATION FELLOWSHIP, GRADUATE STUDIES

University of Wisconsin–Milwaukee, 2020–2021

DISTINGUISHED GRADUATE STUDENT FELLOWSHIP, GRADUATE STUDIES

University of Wisconsin–Milwaukee, 2019–2020

AWARDS

DEPARTMENT OF COMMUNICATION AWARD FOR RESEARCH

University of Wisconsin–Milwaukee, 2021

DEPARTMENT OF COMMUNICATION AWARD FOR TOP GPA

University of Wisconsin–Milwaukee, 2021

RENEE A. MEYERS SCHOLARSHIP, DEPARTMENT OF COMMUNICATION

University of Wisconsin–Milwaukee, 2020–2021

PAUL D. SKALSKI TOP PAPER AWARD, GRADUATE STUDENT CAUCUS

Central States Communication Association, Cincinnati, OH, April 2021

TOP PAPER, ORGANIZATIONAL COMMUNICATION

Central States Communication Association, Cincinnati, OH, April 2021

MELVIN H. MILLER AWARD, DEPARTMENT OF COMMUNICATION

University of Wisconsin–Milwaukee, 2020

DEPARTMENT OF COMMUNICATION AWARD FOR TOP GPA

University of Wisconsin–Milwaukee, 2020

TOP PAPER, GRADUATE STUDENT CAUCUS

Central States Communication Association, Chicago, IL, April 2020

DEPARTMENT OF COMMUNICATION RECOGNITION AWARD FOR RESEARCH

University of Wisconsin–Milwaukee, 2019

NATIONAL COMMUNICATION ASSOCIATION CAUCUS STUDENT TRAVEL AWARD

NCA Diversity Council, 2019

NATIONAL COMMUNICATION ASSOCIATION CAUCUS STUDENT TRAVEL AWARD

NCA Diversity Council, 2018

GRADUATE STUDIES HONORS AWARD, GRADUATE STUDIES

University of Wisconsin Oshkosh, 2017

PEER-REVIEWED PUBLICATIONS (6)

JOURNAL ARTICLES

Kahlow, J. A. & Jenkins, E. M. (accepted, expected Spring 2021). The interactions of risk, trust, and permanence on emerging adults' motivations for sexting: A communication privacy management perspective. *The Journal of Popular Romance Studies*, special issue on Sexting, Intimacy, and Romance.

Kahlow, J. A. (2020). Normalizing incarceration: An examination of an incarcerated mother's letters to her daughter. *Qualitative Research Reports in Communication*, 22. doi.org/10.1080/17459435.2020.1790633

Kahlow, J. A., Coker, M. C., & Richards, R. (2020). The multimodal nature of Snapchat in close relationships: Toward a social presence-based theoretical framework. *Computers in Human Behavior*, 111. doi.org/10.1016/j.chb.2020.106409

Kahlow, J., Klecka, H., & Ruppel, E. (2020). What the differences in conflict between online and face-to-face work groups mean for hybrid groups: A state-of-the-art review. *Review of Communication Research*, 8, 51–77. doi:10.12840/ISSN.2255-4165.023

BOOK CHAPTERS

Kahlow, J. A. (accepted, expected Spring 2022). "Stop trying so hard!" Disclosing ADHD in the workplace. In J. A. Kahlow (Ed.), *Cases on Organizational Communication and Understanding Understudied Groups*. IGI Global.

Riforgiate, S. E., Gattoni, A., & **Kahlow, J. A.** (2021). "Shhhhh, I'm Working!": Working from home and struggling to manage relationships. In C. Liberman & K. Wright (Eds.), *Casing Mediated Communication*. Kendall Hunt Publishing.

Kahlow, J. A. (2020). The influence of technology on privacy boundary management in young adults' sexting relationships. In R. Kalish (Eds.), *Young Adult Sexuality in the Digital Age*. IGI Global. doi.org/10.4018/978-1-7998-3187-7

EDITED BOOKS

Kahlow, J. (Ed.). (expected 2022). *Cases on Organizational Communication and Understanding Understudied Groups*. IGI Global.

INVITED PUBLICATIONS

Ruppel, E. K., **Kahlow, J. A.**, & Zhixin, P. (2020). Information seeking. In *International Encyclopedia of Media Psychology*. John Wiley & Sons, Inc. <https://doi.org/10.1002/9781119011071.iemp0264>

Kahlow, J. (2019). Composing Research, Communicating Results. [Review of the book *Composing Research, Communicating Results*, by K. Lindemann]. *Central States Communication Association (Scholarship Supplement)*, 87(2), pp. 13–14.

Kahlow, J. (2020). Basics of APA. In E. Mueller & M. Allen *Business and Professional Communication* (Custom Edition for the University of Wisconsin-Milwaukee, pp. 139–152). McGraw-Hill Education.

Kahlow, J. (2018). Resume writing. In E. Mueller & M. Allen *Business and Professional Communication* (Custom Edition for the University of Wisconsin-Milwaukee, pp. 44–63). McGraw-Hill Education.

Kahlow, J. (2017). Collaborating with groups. *The Dangling Modifier*, 24(1). <http://sites.psu.edu/thedanglingmodifier/?p=3774>

JOURNAL ARTICLES UNDER REVIEW

Kahlow, J. A. “Stop trying so hard!”: Disclosing learning differences in the workplace [Manuscript submitted for publication]. Communication Department, University of Wisconsin-Milwaukee.

Kahlow, J. A. Anonymous and non-anonymous online disclosures of ADHD [Manuscript submitted for publication]. Communication Department, University of Wisconsin-Milwaukee.

Kahlow, J., Casey, D., Simpson, D. The mediating roles of relational outcomes, stress, and communication apprehension on the decision to disclose ADHD in the workplace [Manuscript submitted for publication]. Communication Department, University of Wisconsin-Milwaukee.

Kahlow, J. Exploring the links between personality and modality preference [Manuscript submitted for publication]. Communication Department, University of Wisconsin-Milwaukee.

Kahlow, J. A. A review of long-distance romantic relationships [Manuscript submitted for publication]. Communication Department, University of Wisconsin-Milwaukee.

Coker, M. & **Kahlow, J.** Extending SIT to niche networks: The effect of group commitment on sexual identity commitment among men who have sex with men [Manuscript submitted for publication]. Communication Department, University of Wisconsin-Milwaukee.

RESEARCH IN PROGRESS

Sahlstein Parcell, E., Ruppel, E., & **Kahlow, J.** *Difficult conversations for military couples: An application of the theory of motivated information management* [In data collection]. Communication Department, University of Wisconsin-Milwaukee.

Kahlow, J. *Improving Neurodiverse Relationships: Comparing Relational Quality and Maintenance Channels in Individuals with and without ADHD*. [Dissertation proposal defended on 10/21/20]. Communication Department, University of Wisconsin-Milwaukee.

Kahlow, J. *Understanding Relational Challenges in ADHD Relationships: A Communication Theory of Resilience Perspective* [Data collection postponed due to Covid-19]. Communication Department, University of Wisconsin-Milwaukee.

Kahlow, J. A. *Public and private disclosures of ADHD* [Project on hold]. Communication Department, University of Wisconsin-Milwaukee.

Kahlow, J., Sahlstein Parcell, E., & Merolla, A. *The Influence of Communication Technologies on Relational Satisfaction and Conflict in LDRRs: A Media Multiplexity Perspective* [Manuscript in preparation]. Communication Department, University of Wisconsin–Milwaukee.

CONFERENCE PAPER PRESENTATIONS (23)

Kahlow, J. (2021, November). *Improving Neurodiverse Relationships through F2F Communication: An Extension of Channel Expansion Theory* [Paper presentation]. National Communication Association Conference, Seattle, WA.

Kahlow, J. (2021, November). *Maintenance Channels Matter in ADHD Relationships: Improving Relational Satisfaction in Neurodiverse Relationships* [Paper presentation]. National Communication Association Conference, Seattle, WA.

Kahlow, J., Sahlstein Parcell, E., & Merolla, A. (2021, July). *The Influence of Communication Technologies on Relational Satisfaction and Conflict in LDRRs: A Media Multiplexity Perspective* [Poster paper presentation]. International Association for Relationship Research Conference, London, England. *submitted for presentation in 2020, but the conference was postponed due to COVID-19

Sahlstein Parcell, E., Ruppel, E., & **Kahlow, J.** (2021, July). *Seeking and Providing Information After a Deployment: An Exploration and Application of the Theory of Motivated Information Management to Military Couples* [Paper presentation]. International Association for Relationship Research Conference, London, England. *submitted for presentation in 2020, but the conference was postponed due to COVID-19

Kahlow, J. A. (2021, March). *A review of long-distance romantic relationships* (Top Paper) [Paper presentation]. Central States Communication Association Conference, Cincinnati, OH.

Kahlow, J., Casey, D., & Simpson, D. (2021, March). *The Mediating Roles of Relational Outcomes, Stress, and Communication Apprehension on the Decision to Disclose ADHD in the Workplace* (Top Paper). [Paper presentation]. Central States Communication Association Conference, Cincinnati, OH.

Coker, M. C. & **Kahlow, J. A.** (2020, November). *A Comprehensive Literature Review of Diverse Online Groups and Technological Affordances* [Asynchronous paper presentation]. National Communication Association Conference, Virtual Conference.

Coker, M. & **Kahlow, J.** (2020, November). *Extending SIT to Niche Networks: The Moderating Effect of Group Commitment on Sexual Identity Commitment among Men who have Sex with Men* (Top 3 Student Papers) [Asynchronous paper presentation]. National Communication Association Conference, Virtual Conference.

Kahlow, J. (2020, November). *Exploring the links between personality and modality preference* [Asynchronous paper presentation]. National Communication Association Conference, Virtual Conference.

Kahlow, J., Casey, D., Simpson, D. (2020, November). *Motivations for Disclosing ADHD in the Workplace* [Asynchronous paper presentation]. National Communication Association Conference, Virtual Conference.

Kahlow, J., Casey, D., Simpson, D. (2020, November). *Anonymous and non-anonymous online disclosures of ADHD* [Asynchronous paper presentation]. National Communication Association Conference, Virtual Conference.

Sahlstein Parcell, E., Ruppel, E., & **Kahlow, J.** (2020, November). *Seeking Information After Deployment: A Qualitative Exploration and Application of the Theory of Motivated Information Management to Military Spouses* [Asynchronous paper presentation]. National Communication Association Conference, Virtual Conference.

LeFebvre, L., Rasner, R., **Kahlow, J.,** & Allen, A. (2020, May). *Media Impact on Non-Initiator Suffering* [Virtual paper presentation]. International Communication Association Conference, Gold Coast, Australia.

Kahlow, J. (2020, April). *There's a Bitmoji for that: The effect of Bitmojis on online student engagement* [Paper presentation]. Central States Communication Association, Chicago, IL. *paper accepted, but not presented due to COVID-19 cancellation

Kahlow, J. (2020, April). *"Stop trying so hard!": A Case Study of Disclosing Learning Differences in the Workplace* [Paper presentation]. Central States Communication Association, Chicago, IL. *paper accepted, but not presented due to COVID-19 cancellation

- Kahlow, J.** & Jenkins, E. M. (2019, November). *Emerging Adults' Motivations for Sexting on New Media: A communication privacy management perspective* [Paper presentation]. National Communication Association, Baltimore, MD.
- Richards, R., **Kahlow, J.**, & Coker, M.C. (2019, November). *The interpersonal process model of intimacy: The importance of reciprocity and perceived partner response in romantic relationship sexting* [Paper presentation]. National Communication Association, Baltimore, MD.
- Kahlow, J.**, Coker, M. C., & Richards, R. (2019, November). *Snapchat is multimodal: A daily diary examination of closeness in interpersonal relationships* [Paper presentation]. National Communication Association, Baltimore, MD.
- Kahlow, J.** (2019, November). *Using communicative acts to move forward during incarceration: An examination of an incarcerated mother's letters to her daughter* [Paper presentation]. National Communication Association, Baltimore, MD.
- Kahlow, J.** (2019, April). *"Since U Been Gone": Relational maintenance in long-distance relationships* [Paper presentation]. Central States Communication Association, Omaha, NE.
- Kahlow, J.** (2018, November). *Aggregating public opinion on social media: A meta-analysis on election outcomes*. National Communication Association Conference, Salt Lake City, UT.
- Kahlow, J.** & Klecka, H. (2018, November). *Conflict management and social processes in online groups*. National Communication Association Conference, Salt Lake City, UT.
- Kahlow, J.** & Mueller, C. (2015, April). *Mining the data: What answers and insights can data provide?* Wisconsin Learning Assistance Network, Oshkosh, WI.

CONFERENCE PANEL DISCUSSIONS

- Finding Inspiration to Publish: Tips for Graduate Students. (2021, March). [Discussion panelist]. Central States Communication Association Conference, Cincinnati, OH (Virtual).
- Things I Wish I Had Known: Advice for New Graduate Students -- Top Panel. (2021, March). [Discussion chair]. Central States Communication Association Conference, Cincinnati, OH (Virtual).
- Technology and Community. (2021, March). [Discussion respondent]. Central States Communication Association Conference, Cincinnati, OH (Virtual).
- Hindsight 2020: Graduate Peer Advice for Publishing. (2020, November). [Asynchronous discussion panelist]. National Communication Association Conference, Indianapolis, IN.
- Discussions on Borders and Breakthroughs in Ethnicity, Gender, and Politics. (2020, April). [Discussion panelist]. Central States Communication Association Conference, Chicago, IL. *accepted, but not discussed due to COVID-19 cancellation
- What doesn't kill you makes you stronger? Discussing the mental health crisis among graduate students. (2019, April). [Discussion chair and panelist]. Central States Communication Association Conference, Omaha, NE.
- Collaboration in Graduate School: A Crucial Dialogue. (2019, April). [Discussion panelist]. Central States Communication Association Conference, Omaha, NE.

OTHER PROFESSIONAL PRESENTATIONS

- Researching and Submitting to Conferences and Journals, University of Wisconsin-Milwaukee, Virtual, 2 April 2021.
- Guest Lecture in Business and Professional Communication. Lecture titled "Who to hire? Resume Writing Activity" at the University of Wisconsin-Milwaukee, Milwaukee, WI, September 19, 2019.
- GRE Preparation Workshops, The Analytical Writing Section, University of Wisconsin Oshkosh Writing Center, Oshkosh, WI, Fall 2014–Summer 2017.
- Local Government Institute (LGI) Board Meeting, Local Transportation Funding Analysis, Madison, WI, June 2015.

MEDIA COVERAGE

Kahlow, J. (Kate Archer Kent). (2020, October 28). *Tips for virtual conflict resolution*. Wisconsin Public Radio Archive; The Morning Show. <https://www.wpr.org/tips-virtual-conflict-resolution>

Vickery, S. (August 2020). PCs and problems: Communication students research online group conflicts. *University of Wisconsin-Milwaukee College of Letters & Science In Focus Newsletter*, 10(8), 2–3. https://issuu.com/uw-milwaukee/docs/2020_august_in_focus/s/10826550

SERVICE

AD HOC JOURNAL REVIEWER

Computers in Human Behavior (6 reviews)

Cyberpsychology, Behavior, and Social Networking (1 review)

Cyberpsychology: Journal of Psychosocial Research on Cyberspace (1 review)

Internet Research (3 reviews)

Journal of Aging and Health (3 reviews)

Journal of Education (1 review)

Journal of Popular Romance Studies (1 review)

Journal of Social and Personal Relationships (2 reviews)

New Media and Society (1 review)

Social Media and Society (1 review)

EDITORIAL BOARD MEMBER

Communication Quarterly, Volumes 71–73

Journal of Social and Personal Relationships, Special Issue on Relationships in the Time of COVID 19

AFFILIATIONS

Central States Communication Association

International Association for Relationship Research

National Communication Association

CONFERENCE COMMITTEES

Chair, Graduate Student Caucus, Central States Communication Association, 2020–2021

Vice-Chair, Graduate Student Caucus, Central States Communication Association, 2019–2020

Secretary, Graduate Student Caucus, Central States Communication Association, 2018–2019

CONFERENCE PAPER REVIEWER

National Communication Association, Human Communication and Technology Division, 2020

National Communication Association, Interpersonal Division, 2019

International Communication Association Conference, 2018, 2019

Central States Communication Association Conference, Interpersonal Division, 2018, 2019, 2020

Central States Communication Association Conference, Graduate Student Caucus, 2018, 2019, 2020

CONFERENCE PANEL CHAIR

Smartphone use in Interpersonal Interactions. (November 2019). Interpersonal Communication Division, National Communication Association, Baltimore, MD.

Online reputation, social identity, and health communication-related research. (November 2019). Human Communication and Technology Division at the National Communication Association, Baltimore, MD.

Can we just survive? Examining the ways in which parents and children talk to each other. (November 2019). Family Communication Division at the National Communication Association, Baltimore, MD.

DEPARTMENT COMMITTEES

Treasurer, University of Wisconsin–Milwaukee Communication Graduate Student Council (CGSC), 2018–2020

Lambda Pi Eta Liaison, University of Wisconsin–Milwaukee, 2019

Undergraduate Committee Representative, Communication Dept., University of Wisconsin–Milwaukee, 2019